



Меѓународен Универзитет Визион - International Vision University  
 Universiteti Ndërkombëtar Vizion - Uluslararası Vizyon Üniversitesi

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### SYLLABUS

COURSE NAME	COURSE CODE	SEMESTER	COURSE LOAD	ECTS
PSYCHOLOGY OF ADULT AND AGING	5016	4	180	6

<b>Prerequisite(s)</b>	None
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<b>Course Language</b>	Turkish
<b>Course Type</b>	Required
<b>Course Level</b>	First Cycle
<b>Course Lecturer</b>	
<b>Course Assistants</b>	
<b>Classroom</b>	
<b>Extra-Curricular Office Hours and Location</b>	<b>Meeting:</b> <b>Consultancy:</b>

<b>Course Objectives</b>	The aim of this course is to explain developmental features of adulthood and older ages.
<b>Course Learning Outcomes</b>	<ul style="list-style-type: none"> <li>• Students will be familiar with a variety of methods and techniques for the development of individual social life and communication skills in these periods.</li> <li>• Students will be able to determine the role of social environment in era associated problems.</li> <li>• Students will observe individuals in geriatric and adult periods.</li> <li>• Students will be able to list the problems that periodically appear in adults and geriatrics.</li> <li>• Students will be familiar with the developmental characteristics of geriatrics and adults.</li> </ul>
<b>Course Contents</b>	This course contains information about the theories explaining adulthood and elderliness, distinguishing physiological, emotional, cognitive changes, physiological and psychological problems, intervene in psychological problems.

## WEEKLY SUBJECTS AND RELATED PREPARATION STUDIES

<b>Week</b>	<b>Subjects</b>	<b>Related Preparation</b>
<b>1</b>	Adulthood and the process of old age	Related Chapters of Course Sources
<b>2</b>	The definition of healthy old age	Related Chapters of Course Sources
<b>3</b>	The course and definition of unhealthy old age	Related Chapters of Course Sources
<b>4</b>	Guidance and counselling in adulthood and old age	Related Chapters of Course Sources
<b>5</b>	Sleep disorders and its cognitive effects in old age	Related Chapters of Course Sources
<b>6</b>	Depression and psychotic disorders in old age	Related Chapters of Course Sources
<b>7</b>	Mid-term Exam	Related Chapters of Course Sources
<b>8</b>	The definition, causes and types of demands	Related Chapters of Course Sources
<b>9</b>	Alzheimer	Related Chapters of Course Sources
<b>10</b>	Conduct disorders in old age	Related Chapters of Course Sources
<b>11</b>	Genetic and non-genetic Parkinson's and their precautions	Related Chapters of Course Sources
<b>12</b>	Diagnostic tests to discriminate the depression and demands	Related Chapters of Course Sources
<b>13</b>	The projects, sports, dance, music and art therapy in the process of adulthood and old age	Related Chapters of Course Sources
<b>14</b>	The projects, sports, dance, music and art therapy in the process of adulthood and old age	Related Chapters of Course Sources
<b>15</b>	Final Exam	Related Chapters of Course Sources

**ECTS / WORKLOAD TABLE**

Presentation / Seminar			
Hours for off-the-classroom study (Pre-study, practice)	14	3	42
Midterm Exam	1	12	12
Final examination	1	14	14
<b>Total Work Load</b>			
<b>ECTS</b>		<b>6</b>	

**GENERAL PRINCIPLE RELATED WITH COURSE**

Dear students,

In order to be included, learn and achieve full success that you deserve in the courses you need to come well prepared by reading the basic and secondary textbooks. We are expecting from you carefully to obey to the course hours, not to interrupt the lessons unless is very indispensable, to be an active participant on the courses, easily to communicate with the other professor and classmates, and to be interactive by participating to the class discussions. In case of unethical behavior both in courses or on exams, will be acting in framework of the relevant regulations. The attendance of the students will be checked in the beginning, in the middle or at the end of the lessons. Throughout the semester the students who attend to all lectures will be given 15 activity-attendance points in addition to their exam grades.

**SOURCES****COMPULSORY LITERATURE**

No	Name of the book	Author's Name, Publishing House, Publication Year
1	Yaşlılık ve Yaşlının Sosyal Uyumu	Vedia Emiroğlu, Şafak Matbaacılık, 2. Baskı, Ankara, 1995
2	Human development across the lifespan	Dacey, J. S., Travis, J. F., Mcgrow Hill, 1996
3		

**ADDITIONAL LITERATURE**

No	Name of the book	Author's Name, Publishing House, Publication Year
1	Yaşlılık Psikolojisi	Sefa Saygılı, Elit yayımları, İstanbul, 2010
2	Human Development	Thomas Crandell, 2011
3		

## **EVALUATION SYSTEM**

<b>Underlying the Assessment Studies</b>	<b>NUMBER</b>	<b>PERCENTAGE OF GRADE</b>
Attendance/Participation	15	% 10
Project / Event	1	%20
Mid-Term Exam	1	%35
Final Exam	1	%35
<b>TOTAL</b>	<b>17</b>	<b>%100</b>

## **ETHICAL CODE OF THE UNIVERSITY**

In case of the students are cheating or attempt to cheat on exams, and in the case of not to reference the sources used in seminar studies, assignments, projects and presentations, in accordance to the legislations of the Ministry of Education and Science of Republic of Macedonia and International Vision University, will be applied the relevant disciplinary rules. International Vision University students are expected never to attempt to this kind of behavior.